

How Choosing the Best Curricula Meets 2006 CBAE Themes

CBAE Themes	CTB WAY	CTB PATH	CTB LIFE	CTB JOURNEY	CTB SOUL MATE
Theme B1: Teaches that abstinence from sexual activity is the expected standard for all school-age children.	pp. 30-34	pp.28-30	pp. 40-42	pp. 42, 44, 46, 48	pp. 10, 48
Theme B2: Teaches, in an age appropriate manner, the topic of returning to abstinence, that teens who have engaged in sexual activity may abstain from further non-marital sexual activity, thereby reducing potential negative psychological, health and social consequences.	pp. 31-32	Pp, 28-30	pp. 40, 43	pp. 42, 44	pp. 10
Theme C1: Teaches, in an age appropriate manner, that abstinence is the only certain way to avoid out-of –wedlock pregnancy.	pp. 24,33	pp. 16-17, 19, 30	pp. 28-32, 42	pp. 22	pp. 10
Theme C2: Teaches, in an age appropriate manner, that abstinence is the only certain way to avoid the sexual transmission of STDs and related health problems. Teaches the harmful physical effects of infection by STDs that may result from sexual activity outside of the context of faithful marriage. Teaches the physical gains realized by abstaining from sexual activity.	pp. 26-27, 33	pp. 10-13	pp. 18-24, 42	pp. 26-31, 44, 48	pp. 10
Theme D1: Teaches that the expected standard for sexual activity is within the context of a mutually monogamous marriage relationship between a man and woman. Teaches that healthy human sexuality involves enduring fidelity, love and commitment; human happiness and well-being are associated with a stable, loving marriage. Teaches that non-marital sex can undermine the capacity for healthy marriage, love and commitment. Teaches that abstinence is beneficial in preparation for successful marriage and significantly increases the probability of a happy, healthy marriage.	pp. 30-34	pp. 32, 34, 29	pp. 40, 42-44	pp. 34, 36-37, 44, 46-48	pp. 6-9, 34-35
Theme D2: Teaches that human sexuality includes deep emotional and psychological aspects and is not merely physical in nature.	pp.18, 20, 25	pp. 6-7	pp. 6-9	pp. 34-37, 45-47	pp. 46-47
Theme E1: Teaches the harmful psychological effects of sexual activity outside the context of marriage. Teaches the psychological gains realized by abstaining from sexual activity.	pp. 18,19, 33	pp. 6-7, 30	pp. 7-9, 42	pp. 43, 44, 48	pp. 34-35
Theme E2: Teaches that teen sexual activity may have harmful effects in addition to the effects previously mentioned in C1, C2, and E1. Teaches that abstinence can help youth avoid these potentially harmful effects.	pp. 24, 30-31, 33	pp. 28-30, 32	pp. 40-44	pp. 31	pp. 46

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Theme F1: Teaches that sexual activity outside of marriage may result in non-marital pregnancy. Teaches, in an age-appropriate manner, that bearing children out-of-wedlock may have harmful consequences for the child. Teaches that by abstaining from non-marital sexual activity, teens will have increased potential to form healthy marriages that will benefit their future children.	pp.24, 32-33	pp. 16-17, 28	pp. 28-29, 31	pp. 9, 20-24, 44, 46, 48	pp. 10
Theme F2: Teaches the potential effects of marriage to the well-being of adults and society.	pp.31-33	pp. 28-30	pp. 40-43	pp. 44, 47-48	pp. 6-7, 47
Theme G1: Teaches the importance of goal setting and future-oriented thinking as a means of promoting sexual abstinence. Teaches the importance of personal character in deciding to remain sexually abstinent. Teaches the importance of building and maintaining healthy relationships that are free from sexual involvement.	pp. 6-9, 12-15, 10, 16, 22, 28, 42	pp. 32-34	pp. 44, 43	pp. 6-10, 12-13, 16-18, 34-37, 44-48	pp. 8-12, 36, 38-39, 34-35, 46
Theme G2: Teaches techniques and skills to help young people reject sexual advances and maintain the expected standards of abstinence.	pp. 36, 38-41	pp. 35-49	pp. 48-57	pp. 50-56, 58-64	pp. 34-35
Theme G3: Teaches that the use of drugs or alcohol can increase one's vulnerability to sexual advances (including sexual exploitation or violence). Teaches skills for avoiding high-risk situations where sexual activity is more likely.	pp.37-38	pp. 25, 36	pp. 12-16, 48	pp.13-18	n/a